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## The Psychobiology of Feeling

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Touch me  
    put your hands  
to my face

be gentle  
    like  
the brush strokes  
    in a Simonet painting.

I want to feel you

    feel the neurons on your fingertips  
        fire  
like a trail of lamplights up  
    a seaside mountain road  
in the dark  
    waves of action potential  
breaking back & forth

    I want to see the  
sudden electric magic

e p i p h a n y

in  
 your face  
 radiant sunshine, archangel Michael  
 I want the neurochemicals  
 to flow  
 across synaptic clefts  
 dopamine adrenalin oxytocin  
 like two hands  
 reaching  
 across  
 a distance  
 There are  
 so many  
 distances  
 so many black seas  
 to traverse

I only want

understanding (love)

to understand (you)

I want/

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The weatherman says  
 no traveling today  
 sky looks like  
 rain.